



## eCOURSE INTRODUCTION

Women's health focusses on a woman's physical and emotional well-being. The potential to deliver better health outcomes for women of all ages is grounded in the understanding, prevention and treatment of diseases and conditions that affect women at different life stages.

This eCourse, *Women's Health... Matters*, was designed and developed by Eugene Renehan MPSI. Eugene is an experienced Superintendent Pharmacist, Tutor and Senior Business Executive. He holds a Bachelor of Science (BSc) in Pharmacy, is an Accredited Tutor Pharmacist with the Royal College of Surgeons Ireland, and is a Licensed Pharmacist.



## eCOURSE AIM

This eCourse aims to provide you with a broad knowledge of women's general health matters. It also provides you with a more in-depth appreciation of the sensitive and serious health concerns and challenges facing women today.

## eCOURSE CONTENT, ASSESSMENT & ACCREDITATION

This eCourse requires approximately 12 hours of study. There are eight learning topics:

1. Introduction to Women's Health
2. Embarrassing Health Issues
3. Obesity and Diabetes
4. Cardiac Health
5. Fertility and Menopause
6. Cancer
7. Mental Health
8. Respiratory

When you have completed your eCourse, take the on-line assessment to test and validate your new knowledge! Once successful, you will receive an ATHE Endorsed Programme certificate in *Women's Health... Matters* from **South East College of Further Education & Training**.

## WHO IS IT SUITABLE FOR?

This eCourse is suitable for community healthcare or pharmacy employees or healthcare professionals as CPD hours. It is also suitable for anyone interested in Women's Health in general. You have access to your eCourse 24 hours a day, seven days a week, 365 days a year, making learning work for you, at a pace and time that suits you.

## HOW TO PURCHASE THIS COURSE

Go to [www.southeastcollege.ie](http://www.southeastcollege.ie) and begin your learning journey!!